



# H O L I S T I C V O I C E W O R K

VOICE TRAINING AND DESINHIBITION SESSIONS  
GUIDED BY GABRIELA BELTRAMINO  
2024

# ABOUT HOLISTIC VOICEWORK

*HOLISTIC VOICE WORK* IS A VOICE TRAINING METHOD DEVELOPED BY *GABRIELA BELTRAMINO* AND DESIGNED FOR PEOPLE OF ANY LEVEL OF EXPERIENCE, AIMING TO CREATE A DEMOCRATIC APPROACH TO THE EXPLORATION OF THE VOICE AND THE BODY. THE AIM OF THE WORK IS TO HOLD SPACE FOR A PROCESS FOR DISCOVERY AND RECONNECTION WITH THE VOCAL INSTRUMENT, AND THROUGH THIS, WITH THE BODY AND EMOTIONAL SELF.

GABRIELA UNIFIES TOOLS FROM *VOICE AND SPEECH THERAPY, CLASSICAL SINGING TECHNIQUE, RABINE METHOD, VOICE ACTING TECHNIQUES, DANCE, PSYCHOLOGY AND ENERGETICS*, UNDERSTANDING THE VOICE FROM A HOLISTIC APPROACH. THE TECHNICAL ASPECTS OF THE TRAINING WILL HELP IMPROVE THE AESTHETIC SIDE OF VOICE: SMOOTHER, BRIGHTER, MORE POWERFUL AND STABLE SOUND, MORE CONTROL, COLORS AND DYNAMICS, AND CREATING *BODY/SELF AWARENESS* AT THE SAME TIME. THE ENERGETIC ASPECT OF THE TRAINING RELIES ON THE PREMISE THAT THE VIBRATORY MOVEMENT OF THE STRUCTURES AT A PHYSICAL LEVEL ALSO BRINGS ENERGETIC MOVEMENT, ATTENDING ANY EMOTIONAL INSIGHTS THAT MIGHT APPEAR.

THIS METHOD SEEKS THE EXPLORATION OF CORPOREALITY AS A SONOROUS ENTITY AND THE EXERCISE OF THE PHYSICAL AND ENERGETIC SYSTEMS INVOLVED IN VOCAL PRODUCTION IN ORDER TO ENTER IN CONNECTION WITH ONE'S OWN SOUND AND SELF.

# SESSIONS RATES

## SINGLE VOICE COACHING CONSULTATION

**1:15 HOUR PRIVATE 1:1 SESSION** TO LISTEN, OBSERVE AND GIVE SENSITIVE AND SENSIBLE FEEDBACK ON PARTICULAR NEEDS.

RECOMMENDED FOR A FIRST VOCAL DIAGNOSE, A DEEP TRIAL SESSION ON THE METHOD, OR FOR THOSE WITH EXPERIENCE LOOKING FOR A NEW VIEWPOINT ON TECHNIQUE, STYLE OR COACHING FOR A PARTICULAR SONG / PIECE.

€75

## VOICE WORK TRAINING SESSIONS

**1 HOUR PRIVATE 1:1 SESSION WITH THE COMMITMENT FOR A (AT LEAST 3 MONTHS) PROCESS.** HERE WE DIVE INTO THE ACKNOWLEDGEMENT AND TRAINING OF POSTURE, BREATHING AND VOICE (SOUND, ARTICULATION, RESONANCE, PITCH, EFFECTS) WHILE UNDERSTANDING THE INFLUENCES OF PERSONALITY AND EMOTION IN OUR BODY AND SOUND, AND AS A CONSEQUENCE CREATING MOVEMENT IN THE ENERGY FIELD. WE WORK WITH BREATHING TECHNIQUES, VOCAL EXERCISES AND APPLY TO SONGS, TEXT OR FREE SOUND.

RECOMMENDED FOR THOSE WHO WANT TO DIVE DEEPER AND CONSISTENTLY INTO THE TRANSFORMATIONAL PROCESS OPENED BY THE VOICE.

**2 SESSIONS X MONTH €111\***

**4 SESSIONS X MONTH €180\***

\*THE SESSION PACKS ARE TO BE REDEEMED IN THE PERIOD OF ONE MONTH TO REMAIN VALID.

# ABOUT GABRIELA

GABRIELA BELTRAMINO IS AN ARGENTINIAN VOCALIST, ACTRESS, SOUND THERAPIST AND VOICE COACH.

COMING FROM A SUCCESSFUL BACKGROUND IN VOCAL JAZZ, SHE STEPPED ONTO A NEW MUSIC PATH WITH HER LATEST WORK AS A SINGER / SONGWRITER, MIXING JAZZ ELEMENTS, WITH BOTH LIGHT ELECTRONIC AND ACOUSTIC INSTRUMENTS, AND FOLKLORIC RHYTHMS NATIVE TO HER HOME IN ARGENTINA. BELTRAMINO HAS TOURED IN EUROPE, SOUTH AMERICA, THE DOMINICAN REPUBLIC, JAPAN AND ALL OVER ARGENTINA AND HAS JUST RELEASED HER SECOND FULL LENGTH ALBUM "EL CAMELLO, EL LEÓN Y EL NIÑO".

AS AN ACTRESS, GABRIELA HAS TRAINED WITH SOME OF THE MOST IMPORTANT ACTING TEACHERS IN ARGENTINA, SUCH AS NORMAN BRISKI AND NORA MOSEINCO. IN 2018 SHE RECEIVED A SCHOLARSHIP THAT ENABLED HER TO STUDY AT "ART OF ACTING STUDIO" IN HOLLYWOOD. SHE WAS ALSO COACHED BY JEN KRATER AT KRATER STUDIOS, LOS ANGELES. SHE WORKED IN MUSICAL THEATER, FEATURE FILMS, SERIES AND THEATER.

IN ADDITION TO HER ARTISTIC WORK, GABRIELA HAS A DEGREE IN VOICE AND SPEECH THERAPY BY CÓRDOBA NATIONAL UNIVERSITY (ARGENTINA) AND IS A CERTIFIED SOUND THERAPIST BY THE "SOUND TOUCH" SYSTEM, WHICH INVOLVES THE PERCEPTION OF THE ENERGETIC FIELD THROUGH TOUCH AND THE REBALANCING OF FREQUENCIES THROUGH VOCAL EMISSION. HER TEACHING CAREER DATES BACK MORE THAN 10 YEARS, HAVING TRAINED SINGERS, ACTORS AND BROADCASTERS.

# LOCATION

GABRIELA'S HOME STUDIO

FRIEDRICHSHAIN, BERLIN

(U-BAHN WEBERWIESE)

ONLINE SESSIONS ALSO AVAILABLE

# BOOKING POLICY

SESSIONS WILL ONLY BE BOOKED WITH AN ADVANCE PAYMENT OF AT LEAST HALF THE AMOUNT OF THE SESSION OR SESSION PACK.

THE ADVANCE PAYMENT IS NON REFUNDABLE IN CASE OF CANCELLATIONS.

# CANCELLATION POLICY

SESSIONS CAN ONLY BE RESCHEDULED WITH A 48 HOUR ANTICIPATED NOTICE, AND CONSIDERING THE REBOOKING WITHIN THE SAME MONTH. SAME DAY CANCELLATIONS WON'T BE RESCHEDULED AND THE FULL AMOUNT WILL BE CHARGED.

# CONTACT

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WHAT DOES  
YOUR  
**VOICE**  
SAY ABOUT  
**YOU?**

HOLISTIC  
**VOICEWORK**



